



Further Life Purpose Insights

You come to planet earth to master certain traits and qualities that will balance your state of consciousness. Many areas of your life may come relatively easy to you without extreme effort. You seem to have the ability to quickly learn some skills but need repetition to learn others.

Here are some guidelines that can help reveal your life purpose.

Scenario 1: You are very good at a skill (like being a carpenter or cook). You quickly learn aspects of that skill that you do not already know. It is those times when you can cook without much of a recipe. You just “know” what will be delicious and what will not. Even though you are very good at that skill, you get bored easily and want to do something different.

The situation of being good at a skill, but becoming easily bored with it, is an example of mastery, but not your life purpose. You probably are drawn towards skills/activities that do not come easy. They take some effort and repetition to thoroughly learn it.

For example, you may be extremely good at carpentry (**Thing-Physical**). You could easily build a house but lose interest quickly. It could be your life purpose is to Educate or Counsel others how they could be a good carpenter.

The same would apply to cooking (**Thing-Physical**). You create excellent, flavorful meals, but become bored with cooking easily. It could be your life purpose to Educate or Counsel others how they could be an excellent cook.

In both instances you experience a deep satisfaction in sharing your wisdom/insights with others.

Through a soul’s evolution through various lifetimes, there is mastery of the **Physical** world. Then there is a need to incarnate back to earth and start mastering the ability to help others help themselves (**People**).

Scenario 2: If you are adept at carpentry and do not get bored, then your life purpose is still associated with **Things-Physical**. If you are good at working with people and do not get bored, then **People** are still associated with your life purpose.

Scenario 3: If you are good at working with people and get bored, then a new direction is needed. You may need to explore working with **Physical** projects or a different method or way of helping **People**.

There may be a need to be involved with the **Physical** world so that you can become more grounded. Or you may need to find mastery in a different way of helping **People**. For instance, if you are currently a **Healer**, you may need to help people as an **Educator** or **Counselor** (see Lesson 3 descriptions) for your soul evolution.

Do you feel really confused after reading all about this and not sure how to use this information? Life on Planet Earth always gives you numerous choices for life direction. However, there is a very simple way to sort out all the choices.

Ultimately you will need to

- Find a quiet place and look at your true feelings, heart's desire. What do you want to do with your life?
- What areas of your life are you drawn to? What do you want versus what other people think you should be.
- Do you find fulfillment and satisfaction from working with **Things/Physical** or **People**?
- If you are drawn towards People, do you feel a need to help people with your physical world skills, or help people from a spiritual/soul perspective.
- The above decision will lead you into a path where your heart's desire and life purpose can be found.
- This is just a beginning step towards clarifying your **True Life Purpose**.
- As you take one step forward, then spirit can help you find the next step. Answers to life are never found with stationary energy. When energy is in motion, then solutions will be found.

Now you are ready to use the **My Life Purpose Worksheet**.

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